

Message from the Headteacher

At Vicar's Green, reading is one of our main priorities. All children have the opportunities to access high-quality texts in their classrooms and on their visits to the school library. On our school website, you will find a list of recommended reads for each group. These books have been carefully chosen to enhance the range of genres your child reads - we encourage you to visit your local library and borrow these fantastic books.

On Tuesday, we had a successful Online Safety and Math's workshop for our Key Stage 1 parents, where we had over 50 families represented. I would like to thank Mr Tinney and Mrs Shah for all of their time and preparation for the success of these. We hope that the parents who attended, took a lot from these and will use them to support their children at home.

Today, we celebrated the NSPCC Number Day with a day full of maths tasks to develop the children's abilities to reason and problem solve successfully. The school has been a vision of everything mathematical with the children coming to school dressed up as numbers - we thank all of the parents for organizing this at home.

We have recently changed the way in which we teach our computing curriculum, as we know the importance of teaching our children how to safely develop their skills as digital users. We have been using a scheme called Purple Mash that the children have thoroughly been enjoying, and our teachers have had full training to support the teaching of these lessons.

Next week, we will be taking part in Mental Health Week - with the theme 'My Voice Matters'. The children will take part in different activities and discussions based on this topic. The children will also continue to develop how to stay safe online, as we take part in the annual Internet Safety day on the 6th February.

Warm Regards

Iman Basu Roy

Announcements

LATENESS

Please note that our school gates are opened between 8.50am and 9am.

Your child should be at school by this time, so that they have time to be organised and settled for their day of learning.

Any child who arrives at school after this time will be marked as late.

If children are persistently late, the local authority will be contacted to support families to improve their punctuality to school.

Lateness = Lost learning

5 minutes late each day = **3 days** of lost learning over the school year

10 minutes late each day = **6.5 days** of lost learning over the school year

20 minutes late each day = **13 days** lost over the school year



Awards for this Week

Class	Star	Citizen
Butterflies	Prathiksha	Zahra
Dragonflies	Arya	Naksh
Barn owl	Whole Class	Pragati
Bluebird	Tala	Layan
Kingfisher	Haneen	Nikasha
Kestrel	Angel	Loreina
Nightingale	Sita	Pinal
Nuthatch	Osob	Ali
Raven	Joylyn	Ahmed & Nishal
Robin	Razane	Akshayan
Sparrow	Yassin	Maya
Swift	Aqeel	Mia
Woodpecker	Maya	Omar
Wren	Danushkaa	Whole Class





Take Part in 'Fizz Free February' 2024

Could you and your family give up fizzy drinks in February?

Taking part in 'Fizz Free February' is a great way to improve your health and reduce your sugar intake by consuming less fizzy drinks. It can also help you on your way to drinking less sugary drinks for the rest of the year.

More 5 to 9-year-old children are hospitalised due to tooth decay than for any other reason.

How do I take part in Fizz Free February?

To join in, reduce or give up fizzy drinks for the whole month.

Why should I stop drinking fizzy drinks in February?

Fizzy drinks are the largest single source of sugar for children aged 7 to 18. Cutting out fizzy drinks is an easy way to reduce your sugar intake. Committing to going fizz free for the entire month of February will make it easier to cut down on fizzy drinks for the rest of the year.

Why is sugar bad for my health?

Excess sugar can lead to tooth decay and weight gain.



How much sugar should I have?

Sugar should not make up more than 5% of the total energy in your diet. This means the maximum daily amount of added sugar are:

- 4 to 6 years, 5 sugar cubes (19 grams)
- 7 to 10 years, 6 sugar cubes (24 grams)
- 11+ years, 7 sugar cubes (30 grams)

Reading Ambassador Project – Reading in Unusual Places

Our Reading Ambassador's would like to share more pictures of children reading books in unusual places. It is wonderful to see our love of reading at Vicar's Green and especially in 2 Kestrel this week!



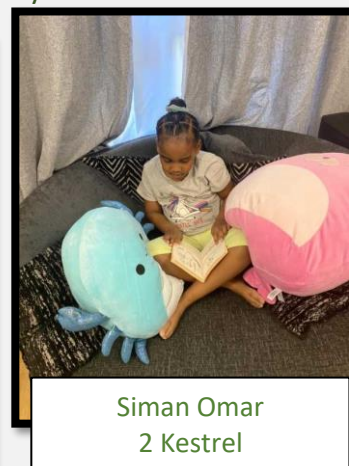
Darshan
Limbachiya
2 Kestrel



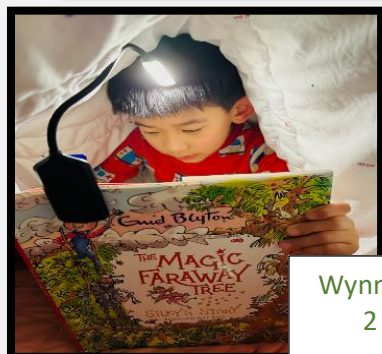
Violet James
3 Nuthatch



Loreina Hachem
2 Kestrel



Siman Omar
2 Kestrel



Wynn Ratanarat
2 Kestrel



Patryk Czerwinski
2 Kestrel

Diary Dates

Date	Event	Year Groups
Monday 5 th - Friday 9 th February	Children's Mental Health Week (My voice matters)	All Classes
Tuesday 6 th February	Trip to the Mosque	Year 1 Classes
Tuesday 6 th February	Safer Internet Day	Whole School
Wednesday 7 th February	Year 6 SATs Meeting	Year 6 Classes (Parents invited) 2:45pm - 3:20pm
Friday 9 th February	Online Safety Assembly	Year 4 Robin (Parents invited) 2:45pm-3:20pm
Friday 9 th February	SEND New Age Kurling Competition	Years 3 & 4 (Selected children)
Monday 12 th - Friday 16 th February	Half Term (School closed)	Whole School

Key	
	Events for parents
	Events for children
	Social events

Children's Mental Health Week 5-11th February 2024



This year, Children's Mental Health Week will take place from 5-11th February 2024. The theme for this year is 'My Voice Matters'.

Next week, all children will be given a homework task linked to this year's theme and will complete activities in class that will help children build positive social, emotional, behaviour, thinking and communication skills.

As parents, you play an important role in your child's mental health. Have a look at official free resources for families below:

<https://www.childrensmentalhealthweek.org.uk/media/vxgdpw3x/cmhw-24-top-tips-for-families.pdf>