

Message from the Headteacher

A warm welcome back to all of our children and families, and I would like to start by wishing you all a happy, healthy and peaceful 2024. It has been wonderful to see all of the children enthusiastically coming into school in the mornings, and settling back in so well to our daily routines.

I have now completed the events for this half term with our Deputy Headteacher - Mrs Simpson. The dates for these are located at the bottom of this week's newsletter. There are many opportunities for parental engagement, and I sincerely hope that many of you attend these, as these will directly help support your child with their home learning and development.

As Vicar's Green is located in London, all of our children are able to receive universal free school meals - courtesy of the London Mayor. I strongly encourage you to access these meals over the cold months, as the warm, well-balanced and nourishing meals are ideal for your child's afternoon learning.

The weather is still very cold at the present moment, so please ensure that your child is wearing appropriate outdoor clothing (hats, gloves, scarfs and heavy coats), to make sure that they are feeling warm during their outdoor playtimes. We do ask that these and all of your child's items of clothing are clearly labelled.

Warm Regards

Iman Basu Roy

Announcements

Value of the Month – HOPE



School Uniform

Please ensure that your child is wearing the **correct uniform to school**. School uniform plays an important role in **promoting pride** and **self-confidence**. These factors will contribute to students' **wellbeing**. The school uniform policy can be found on the school website but if you are unsure, then please ask a member of staff.

Awards for this Week

Class	Star	Citizen
Butterflies	Tala	Aarvi
Dragonflies	Shukri	Hussain
Barn owl	Archie	Jaanusha
Bluebird	Thashwin	Adam
Kingfisher	Haru	Dhiya
Kestrel	Priyan	Nectaria
Nightingale	Jaivik	Xavier
Nuthatch	Diala	Isaac
Raven	Alex	Joylyn
Robin	Yusuf H	Fatima
Sparrow	Malaiah	Ilyas
Swift	Dhyan	Jacob
Woodpecker	Ayman	Riha
Wren	Malik	Ilinca







West London
NHS Trust

Ealing Mental Health Support Team


WORKSHOPS FOR PARENT/CARERS

SPRING TERM 2024





Over the spring term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/jmUT9KJNRPNdBUA26>

If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE	TEEN LOW MOOD	AN INTRODUCTION TO AUTISM
<p>This workshop is aimed at parents of children attending Primary and Secondary who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.</p> <p>Date: January 16th 2024 Time: 11am - 12:15pm</p>	<p>This workshop is aimed at parents of secondary-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.</p> <p>Date: January 25th 2024 Time: 1pm - 2:15pm</p>	<p>This workshop is aimed at parents of children attending Primary and Secondary, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.</p> <p>Date: January 26th 2024 Time: 1:30pm - 3:00pm</p>
SUPPORTING FRIENDSHIP IN CHILDREN	UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS	MANAGING EXAM STRESS
<p>This workshop is aimed at parents of primary-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.</p> <p>Date: February 12th 2024 Time: 11am - 12:30pm</p>	<p>This workshop is aimed at parents of children attending Primary and Secondary. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.</p> <p>Date: February 13th 2024 Time: 11:30am - 1pm</p>	<p>This workshop supports parents of secondary-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.</p> <p>Date: February 22nd 2024 Time: 1pm - 2:15pm</p>
UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS	AN INTRODUCTION TO AUTISM IN ADOLESCENTS	SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN
<p>This workshop supports parents of secondary-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.</p> <p>Date: March 14th 2024 Time: 11am - 12:30pm</p>	<p>This workshop supports parents of secondary-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.</p> <p>Date: March 19th 2024 Time: 10:30am - 12pm</p>	<p>This workshop supports parents of primary-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.</p> <p>Date: March 28th 2024 Time: 11am-12:30pm</p>



Promoting hope & wellbeing together



KS1 Parents Workshop & Open Morning

9:30am-10:30am

Tuesday 30th January 2024



Please come and join us to see how we teach key mathematical concepts at school. There will be a great opportunity for you to see how we teach mathematics in school

Refreshments available for parents



MATH IS FUN

$\sqrt{\quad} = \frac{1}{2}$ \div $\%$








Playtime Snack


KS2 children are allowed a small healthy snack during morning play and should be from the list below:

- Yogurt Pouches
- Breakfast bars (low sugar)
- Fresh Fruit
- Cheese









Diary Dates

Date	Event	Year Groups
Thursday 18 th January	Talk on Drugs by the police	Year 6 Classes
Friday 19 th January	Badminton Festival at Cardinal Wiseman School	Year 3 & 4 (selected children)
Friday 26 th January	Phonics Check Meeting	Year 1 Classes (Parents invited) 2:45pm - 3:20pm
Monday 29 th Jan- Fri 2 nd Feb	Maths Story Week	All Classes
Tuesday 30 th January	Trip to Natural History Museum	Year 3 Classes
Tuesday 30 th January	Maths Workshop for Parents	KS1 Parents invited (9:30-10:30am)
Friday 2 nd February	National Number Day	KS1 & KS2 Classes
Monday 5 th - Friday 9 th Feb	Mental Health Week Focus: My Voice Matters	Whole School
Tuesday 6 th February	Safer Internet Day Workshops	All Parents invited (2:45pm -3:20pm)
Wednesday 7 th February	Year 6 SATs Meeting	Year 6 Classes (Parents invited) 2:45pm - 3:20pm
Monday 12 th - Friday 16 th February	Half Term (School closed)	Whole School

Key	
	Events for parents
	Events for children
	Social events